

## Abington 10K - 1 Oct 2017

Race	Pos	First name	Surname	Gun Time	Chip Time	Cat	CatGrd%	Pace min/mile
10K	136	Christopher	Underwood	00:49:20	00:48:56	MS	54.6	07:53
10K	145	Natalie	Hay	00:49:49	00:49:26	F35	61.8	07:57